

In a **letter** to President Trump, Dr. Ayyadurai, a world-renowned systems scientist and pioneer in the field of systems biology, outlined a solution to the current crisis that he said would restore the immune health of the American people without jeopardizing the nation's economic health.

Ayyadurai holds four degrees from MIT, to which he **returned** in 2003 to complete doctoral work within the Department of Biological Engineering—work that led him to develop CytoSolve, a “scalable computational platform for modeling the cell by dynamic integration of molecular pathways models.”

In his letter to the president, Dr. Ayyadurai rejects the response model pushed by Dr. Anthony Fauci, who serves as director of the National Institute of Allergy and Infectious Diseases and is seen as the guiding force behind the Trump administration's coronavirus policy.

“The current trajectory of Dr. Fauci's public ‘health’ policy will result in the short-and long-term destruction of citizens' immune health as well as our nation's economic health,” Dr. Ayyadurai asserts. “Dr. Fauci's policy, at best, is based on a 1950s outdated ‘one-size-fits-all,’ non-personalized approach to medicine and public health; and at worst, is derived from a ‘fake science’ understanding of the immune system”

Dr. Ayyadurai argues that “[t]here is no need to shut down our entire country. There is no need to quarantine all of our citizens. The solution herein provides a path to advance the immune health of all our citizens while getting our healthy people back to work — now.”

The MIT-grad lays the foundation for his proposal by explaining that, contrary to the common misconception, it is not the virus — coronavirus or otherwise — that harms individuals, but a person's own faulty immune system.

The modern science of the immune system informs us that it is the over reaction [sic] of our OWN weakened and dysfunctional immune system attacking tissues and cells of our own body that harms and kills, versus the virus — be it COVID-19 or any other virus.... In healthy individuals, the immune system processes pathogens with a natural immune response that is mild and non-lethal; however, in those who are immune-compromised — elderly and those with pre-existing conditions—their own immune systems may overreact; and in the case of COVID-19, attacking lung epithelial cells and tissues leading to hospitalization and mortality.

It is **commonly acknowledged** that even though all Americans are being asked to self-quarantine and refrain from their regular business, coronavirus generally provokes serious symptoms in the elderly and those who have weakened immune systems due to conditions like heart disease, diabetes, or obesity.

Healthy adults are usually either asymptomatic or at most experience a brief fever and flu-like symptoms, while cases of affliction in children are rare.

Dr. Ayyadurai holds that because most Americans will not be severely impacted by the virus, it is not necessary to quarantine everyone. And because the risk is the result of a weakened immune system, the key is to strengthen people's immunity.

He then goes on to outline “the solution that can lead America back to health—immune and economic:”

STEP 1 - Organize our citizens into four (4) groups

Group I - Testing positive for COVID-19

Group II - Hospitalized and in critical condition

Group III - Immuno-compromised & NOT COVID-19 positive

Group IV - Healthy individuals & NOT COVID-19 positive

STEP 2 - Deliver a Personalized Protocol for Each Group

Group I Protocol

- Quarantine until they test negative for COVID-19
- 400,000 IU of Vitamin A Palmitate per day for 2 days
- 50,000 IU of Vitamin D per day for 2 days

Group II Protocol

- 400,000 IU of Vitamin A Palmitate per day for 2 days
- 50,000 IU of Vitamin D per day for 2 days
- Deliver intravenous Vitamin C - 100 mg drip per day until they are back to normal.

Group III Protocol

[Immuno-compromised are those, though not limited to, with: AIDS, CVID, Diabetes (Type I & Type II e.g. high blood sugar), COPD, Asthma, Cystic Fibrosis, autoimmune disorders, and those taking monoclonal antibody drugs]. This protocol will support boosting their internal defense mechanisms.

For Children:

- 400,000 IU of Vitamin A Palmitate per day for 2 days
- 50,000 IU of Vitamin D per day for 2 days
- 500 mg of Vitamin C per day
- Iodine/Iodide - e.g. Brand Lugols - 3 drops per drink, once per day

For Adults:

- 400,000 IU of Vitamin A Palmitate per day for 2 days
- 50,000 IU of Vitamin D per day for 2 days
- 1,000 mg of Vitamin C per day on going
- Iodine/Iodide - e.g. Brand Lugols - 6 drops per drink, once per day

Group IV Protocol

[These are healthy individuals, who do not fall into Group I or Group II]

For Children:

- 1,000 IU Vitamin A Palmitate per day ongoing
- 2,000 IU of Vitamin D per day ongoing
- 250 mg of Vitamin C per day
- Iodine/Iodide - e.g. Brand Lugols - 3 drops per drink, once per day

For Adults:

- 10,000 IU of Vitamin A Palmitate per day
- 5,000 IU of Vitamin D per day
- 1,000 mg of Vitamin C per day
- Iodine/Iodide - e.g. Brand Lugols - 6 drops per drink, once per day

STEP 3 - Back to Work and Maintenance

Healthy individuals based on the above protocol should get back to work immediately and follow their daily program as aforementioned. Individuals in Group I to Group III, until they regain full health, should do the following on a monthly basis:

- 400,000 IU of Vitamin A Palmitate per day for 2 days, 1/month
- 50,000 IU of Vitamin D per day for 2 days, 1/month
- Iodine/Iodide - e.g. Brand Lugols - 3 drops per drink for children; and 6 drops per drink for adults, once per day
- Vitamin C: 250 mg per day for children, 1000 mg per day for adults, once per day.

Such a model, based on complete information, personalized solutions, and individual choice, would be far better than ever-growing government controls we are currently witnessing.

My notes added to this article: From many hours of watching videos of Dr. Shiva and Dr. Buttar teachings: It is recommended to also take Zinc, Selenium and Copper. That Vitamin D3 is much better than D2 & D1. Vitamin D3 can be sourced from supplements and fatty fish like sardines and salmon, and PLENTY OF SUNSHINE! If you are not getting enough sunshine, then go get it; and take Vitamin K2 with your D3. K2 helps metabolize D3. Sources of vitamin K2 supplements and dark green leafy vegetable (like collards, kale, chlorella, Spirulina, etc.) Vitamin C ("ascorbate" type is better than ascorbic acid and rose hips), NOTE: Most if not all of their youtube videos have been banned by youtube because they are exposing the fraud of the COVID19 PlannedDemic; because youtube is owned by Google who is a member of the Council of Foreign Relations who advocates the New World Order (a one world government) and massive

population reduction). Hillary Clinton, Bill Gates and George Soros are also members. Need I say more?

In a video interview on **The New American**, Dr. Ayyadurai, who is running for U.S. Senate in Massachusetts, explained why having the right vitamin levels is crucial:

What happens when you age? Well, two things happen. Your thyroid actually goes down in function. Why is that of concern? Because when your thyroid goes down in function, your body stops producing enough vitamin A because your thyroid takes carotenoids from fruits and vegetables and it converts into vitamin A.

Why is vitamin A important? Well, vitamin A creates cytokeratin to protect your cells from impingement of other pathogens. So, if you have low vitamin A — by the way, vitamin A's not a vitamin, it's a hormone. It modulates all sorts of immune functions.

In a statement to TNA, physician Stephen Grable MD, also highlighted the key roles these vitamins play in immune health:

Vitamin D3 regulates the immune system, reduces cytokine storm and even calms genetic defects in young people which can predispose them to excessive inflammation.

Vitamin A is crucial in the formation and stability of epithelial cells. Vitamin A has impacts on macrophages, T cells and antibody dependent immune responses. It has been shown to lower morbidity and mortality in measles, acute pneumonia, infectious diarrhea, malaria, hand/foot/mouth disease among others.

If it all sounds too simple, remember that those who seek to impose authoritarianism detest simple solutions. Why? Simple solutions don't provide very good cover for expanding state power.

*Photo of Dr. Shiva Ayyadurai: screen-shot from his **video interview** with The New American*

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